



Provisioning – tailor-made just for you

Name: _____ Yacht Name: _____ No. in Party: _____

In order to accommodate different provisioning needs, we have provided you with the SET MENU option or this CUSTOM PROVISIONING list. If you have any preferences that are not listed, please place them on a separate sheet. We will do our best to provide those items for you.

SOME TIPS

- 1 liter of water per person per day is recommended
- Be careful with the quantity of frozen food you order; while your yacht is equipped with a refrigerator, frozen items will hold for a limited time in it. We will freeze your items over night prior to your charter.
- Soft fruit such as banana, avocado and pineapple will ripen quicker in the heat than citrus fruit.
- A lot of fresh products are seasonal and not always available. Please mark 'NO' if you do not wish us to replace your order with something close to the initial product.
- Package sizes and brand might change without notice. Again, please mark 'NO' if you do not want a replacement product.
- If you buy by weight we will try to get as close to what you ordered but sometimes package sizes do not allow us to get it absolutely accurate.
- Should you rather want to order pieces (e.g. steaks) instead of weight indicate it under 'Quantity' by adding the Unit size you want us to use (e.g. 4 pieces, versus just 4, which would indicate 4lb).
- Once you have completed your list please SAVE as a WORD document not PDF and return to us.
- Minimum charge for this service would be US\$50.00 on orders less than US\$250.00 otherwise cost price plus 20%. The prices quoted below are for guidance only.

You will need a Starter Kit

Circle the one you want

Snack Pack

Circle the one you want

	\$25.00	\$30.00	\$35.00		\$35.00	\$45.00	\$85.00
	2 to 3 People	4-6 People	7 to 10		2 to 3 People	4-6 People	7 to 10
Aluminum Foil	1	1	1	Almonds (6oz)	1	1	2
Dish Liquid	1	1	2	Cashews (6oz)	1	1	2
Ziploc Bags	1	1	1	Mixed Nuts (7oz)	0	1	2
Plastic Cups	1	2	3	Honey Roasted Peanuts (6oz)	1	1	2
Paper Napk.ins (60)	1	2	3	Pretzels (6.5oz)	0	1	2
Garbage Bags (10)	1	1	2	Nacho Chips	1	1	2
Sponges – (Pack)	1	1	1	Salsa: (choose one)	1	1	2
Toilet Paper 4 pack	1	2	3	Hot <input type="checkbox"/>			
				Medium <input type="checkbox"/>			
				Mild <input type="checkbox"/>			

Please make your choices from the list below

<u>Bread</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Local brick oven baked multi grain	500g	3.00		
Local brick oven baked whole wheat	500g	2.45		
Local brick oven baked white wheat	500g	5.40		
Local baguette	4 pk.	1.55		
French baguette stick	200g	1.55		
French baguette loaf	400g	5.90		
Sandwich loaf – white	Sliced	2.00		
Sandwich loaf - wheat	Sliced	2.00		
Dinner rolls	6 pk.	1.00		
Plait bread loaf	400g	1.90		
Burger buns	8 pk.	2.00		
7 grain light style sliced	454g	8.00		
Jewish Rye sliced	454g	6.40		
12 grain sliced	454g	11.20		
Wheat sub rolls	6 pk.	5.75		
Flat bread	5 pk.	3.85		
Wraps	5 pk.	3.45		
Pita bread	5 pk.	2.60		
Mini pita bread	12 pk.	3.75		

<u>Breakfast Goods</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Local Organic pure honey	300ml	11.24		
Honey (SUE BEE)	12oz / 340g	11.57		
Grape Jelly Smucker's	12oz / 340g	5.20		
Apricot Jam Smucker's	12oz / 340g	6.75		
Strawberry Jam Smucker's	12oz / 340g	6.72		
Orange marmalade Waitrose	12oz / 340g	4.80		
Nutella hazelnut spread	12oz / 371g	8.52		
Peanut butter creamy IGA	18oz / 510g	6.15		
Peanut butter crunchy IGA	18oz / 510g	6.15		
Pancake Mix Aunt Jemima	32oz / 907g	7.03		
Pancake Syrup	12oz / 355ml	10.94		
Local Nutmeg Syrup	12oz	5.95		
Kellogg's Variety pack	10 portions	9.55		
IGA cornflakes	7oz / 198g	4.35		
Special K	14oz / 387g	10.35		
Raisin Bran	15oz / 425g	7.32		
Kellogg's Smart Start	18oz / 496g	10.72		
Kellogg's Frosted Flakes	14oz / 397g	10.35		
Jordans Muesli	12oz / 340g	15.15		
Alpen Muesli	27oz / 750g	7.60		
Kashi Go Lean Crunch	14oz	9.00		
Weetabix	12 biscuits	6.72		

<u>Tea & Coffee</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Maxwell ground coffee original blend	11oz / 326g	10.80		
Folgers ground coffee Columbian	11oz / 326g	11.62		
Folgers ground coffee decaf	11oz / 326g	13.10		
Instant Nescafe	4oz / 100g	14.05		
Instant Nescafe decaf	2oz / 50g	28.76		
PG premium tea	80 bags	17.06		
PG decaf classic tea	48 bags	7.87		
Twinings Earl Grey tea	20 bags	10.90		
Twinings English breakfast tea	20 bags	11.12		
Peppermint tea TWININGS	20 bags	8.35		
Lipton Fruit tea	20 bags	6.07		
Grenada organic drinking chocolate	113g	6.33		
long life milk fat free	1quart / 1l	2.50		
long life milk low fat	1quart / 1l	2.50		
long life milk whole	1quart / 1l	2.50		
Coffee mate	6oz	3.55		
Evaporated milk (can)	14oz / 410g	1.45		

<u>Mayo / mustard / condiments / pickles/ salad dressing / oil</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Hellmann Mayo real	8oz / 237ml	2.88		
Hellmann Mayo real	15oz / 443ml	5.25		
Hellmann Mayo light	15oz	5.25		
Blue cheese salad dressing KRAFT	237ml	6.83		
French salad dressing KRAFT	16oz / 473ml	5.55		
Italian salad dressing KRAFT	237ml	5.55		
Thousand Island salad dressing KRAFT	8oz / 237ml	5.55		
Ranch salad dressing KRAFT	8oz / 237ml	7.24		
French's mustard	8oz / 266g	5.22		
Dijon mustard	10oz / 283g	6.15		
Colman's English mustard (powder)	2oz / 57g	9.10		
Wholegrain mustard	7oz / 207g	6.09		
Heinz Apple cider vinegar	16oz / 473ml	8.72		
Heinz White vinegar	16oz / 473ml	2.70		
Balsamic vinegar	8oz / 237ml	6.27		
olive oil	1lt	19.80		
olive oil	500ml	10.25		
Canola oil Wesson	24oz / 0.7l	5.24		
Vegetable oil Wesson	24oz / 0.7l	4.70		
Black olives	7oz	4.74		
Stuffed green olives	6oz	4.80		
Capers	3oz / 88ml	3.57		
Bread & Butter sandwich chips	16oz / 473ml	6.40		
Mango chutney	12oz	6.85		
Branston Pickle	10oz	7.55		
Hamburger dill pickles	16oz / 473ml	4.68		
Sweet hotdog relish	10oz / 296ml	5.96		
BBQ Sauce original	18oz / 510g	4.95		
BBQ Sauce Honey	18oz / 510g	3.75		
BBQ Sauce smoked	18oz / 510g	3.75		
Ketchup HEINZ	36 fl oz	7.05		

<u>Fresh fruits</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Gala Apples	2lb	10.22		
green apples - granny smith	Each	1.46		
Golden apples	Each	1.87		
Red apples	2lb / 907g	8.16		
Red grapes	1lb / 454g			
White Grapes	1lb / 454g			
Pears	2lb / 907g	12.63		
Melon Cantaloupe or Honey	1lb / 454g	2.02		
Water Melon	1lb / 454g	1.37		
Plums (seasonal)	1lb / 454g	5.26		

<u>Fresh Fruits (continued)</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Star Fruit (seasonal)	1lb / 454g	1.51		
Peaches (seasonal)	1lb / 454g			
Strawberries (seasonal)	1lb / 454g			
Mango (seasonal)	1	1.00		
Papaya (seasonal)	1lb / 454g	0.91		
Plantains	1lb / 454g	1.37		
Bananas	1lb / 454g	0.85		
Pineapple	1lb / 454g			
Oranges (seasonal)	1	1.82		
Grapefruit (seasonal)	1	1.21		
Lime	1lb / 454g	1.67		
Lemon	4	1.37		

<u>Fresh vegetables & salads</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Avocado (seasonal)	1			
Broccoli	1lb / 454g	6.65		
Zucchini	1lb / 454g	4.20		
Cucumber	1lb / 454g	1.25		
Green pepper	1lb / 454g	2.50		
Yellow pepper	1lb / 454g	6.50		
Red pepper	1lb / 454g	4.50		
Tomatoes	1lb / 454g	2.50		
Local carrots	1lb / 454g	3.15		
Baby carrots	1lb / 454g	3.30		
Local lettuce	1	2.83		
Iceberg lettuce	1	6.22		
Roman lettuce	3 pack	9.93		
Spinach	1lb / 454g	6.22		
Celery Bunch	1	2.74		
Corn (seasonal)	3			
Cauliflower	1	4.70		
Green onions (bunch)	1	1.21		
Yellow onions	1lb / 454g	0.67		
Red onions	1lb / 454g	1.70		
White onions	1lb / 454g	0.70		
Garlic	500g	1.95		
Potatoes	5lb	7.46		
Sweet potatoes	1lb / 454g			
Yam (seasonal)	1lb / 454g			
Squash (seasonal)	1lb / 454g	2.92		
Pumpkin (seasonal)	1lb / 454g	1.17		
Mushrooms	1lb / 454g	8.18		
White cabbage	1lb / 454g			
Red cabbage	1lb / 454g			
Parsley bunch	1	1.00		

<u>Dairy products and prepacked cheese</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Whipped cream	8oz / 236ml	5.39		
Sour cream	8oz / 227g	3.50		
Cream cheese	8oz / 227g	3.35		
Half and Half	16oz / 473ml	3.55		
Fruit yoghurts assorted flavors	1 small	1.62		
Plain yoghurts	1 large	5.06		
Butter salted	9oz / 250g	8.32		
Butter unsalted	9oz / 250g	8.32		
Margarine	8oz / 220g	4.16		
Sharp cheddar cheese	8oz/227g	5.96		
Parmesan	8oz/227g	17.20		
grated Parmesan KRAFT	8oz / 227g	9.27		
Feta cheese	8oz / 227g	8.50		
President Camembert	227g	9.50		
Mini Baby Bel	4oz	7.00		
Roquefort	100g	10.22		
Stilton blue	5oz/140g	11.17		
President Brie	227g	14.49		

<u>Fresh meat</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Frozen Cornish hen	44oz	20.20		
Ground beef	1lb / 454g	13.71		
Beef burger patties	8	17.30		
Hamburger patties	4			
Round Eye steak	1lb / 454g	13.39		
NY strip	1lb / 454g	23.25		
T Bone steak	1lb / 454g			
Rib eye	1lb / 454g	19.25		
Beef tenderloin	1lb / 454g	27.05		
Angus NY strip	1lb / 454g	23.25		
Angus rib eye	1lb / 454g	19.25		
Angus tenderloin	1lb / 454g	27.05		
Chicken breast	1lb / 454g	6.63		
Chicken drumsticks	1lb / 454g	3.69		
Chicken legs	1lb / 454g	3.69		
Chicken thighs	1lb / 454g	3.69		
Pork chops	1lb / 454g	7.89		
Pork tenderloin	1lb / 454g	9.85		
Pork loin steaks	1lb / 454g	9.89		
Spareribs	1lb / 454g	70.00		
Sausages	1 pack	5.46		

<u>Cold cuts & prepacked / bacon and eggs</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Eggs	1 doz	5.00		
Bacon Oscar Mayer	8oz / 227g	11.87		
Bacon Oscar Mayer	16oz / 454g	11.87		
Hard salami	8oz / 227g	10.54		
Cooked ham	6oz / 170g	4.94		
Smoked ham	6oz / 170g	5.00		
Pepperoni	4oz / 99g	10.30		
Smoked turkey	6oz / 170g	8.07		
Hot dogs	8	4.00		
Smoked sausage (2)	16oz / 454g	13.42		
Smoked sausage (2)	16oz / 454g	13.42		

<u>Deli Counter/ fresh cut</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
D&W Swiss Cheese	1lb	11.97		
D&W Cheese white	1lb	8.64		
Bangards Yellow Cheese	1lb	7.56		
D&W Pepper Cheese	1lb	11.97		
Baby Swiss Cheese	1lb	11.97		
Stella Blue Cheese	1lb	7.75		
Swiss Cheese	1lb	6.85		
Jacobs Part Mozzarella	1lb	6.05		
Jacobs whole Mozzarella	1lb	5.92		
Jacobs Provolone	1lb	6.43		
Bella Muenster	1lb	6.43		
American Yellow Cheese	1lb	6.05		
Havarti Swiss	1lb	11.84		
Monterey Jack	1lb	7.51		
Van Kaas Gouda	1lb	18.12		
Van Kaas Edam	1lb	22.81		
Rotisserie chicken	1lb	15.21		
Black forest smoke turkey	1lb	17.93		
Gourmet chicken breast	1lb	11.65		
Farmland Virginia ham	1lb	8.20		
Carando Genoa salami	1lb	10.89		
Carando pepperoni	1lb	17.87		
Proscuitto	1lb	17.89		
Regular Serrano ham	1lb	6.47		
Sweet Serrano ham	1lb	7.56		
Hard salami	1lb	10.89		
Beef pastrami	1lb	17.03		
Black pepper ham	1lb	9.80		
Black forest ham	1lb	17.93		
Honey cured ham	1lb	14.92		
Turkey ham	1lb	6.83		

<u>Deli Counter (continued)</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Armor German Bologna	1lb	5.48		
Turkey pastrami	1lb	8.13		
Country farm turkey breast	1lb	12.49		
Country farm roast beef	1lb	20.71		
Curd glazed turkey	1lb	16.58		
Turkey pastrami	1lb	14.90		

<u>Frozen Items</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Bagels plain	5	3.98		
Bagels cinnamon	6	3.98		
Bagels onion	6	4.35		
Bagels whole wheat	5	3.98		
Bagels Blueberry	6	3.98		
Garlic Bread	8oz / 227g	6.72		
Garlic Bread	16oz / 454g	6.72		
Single serving pizza	2 pk.	7.64		
Pepperoni pizza 12"	1	13.5		
Italian blend mix vegetables	507g	7.91		
Country blend mix vegetables	507g	4.76		
Stir fry mix vegetables	2lb	7.24		
Corn cobs	12	11.35		
All butter pound cake	11oz / 304g	8.75		
Chocolate swirl pound cake	12oz / 333g	12.50		
Golden 3-layer cake	20oz / 555g	13.50		
Carrot cake	12oz / 333g	12.50		
German chocolate cake	20oz / 555g	13.50		

<u>Frozen seafood</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Tilapia	1lb / 454g	20.45		
Mahi mahi	1lb / 454g	16.97		
Salmon steaks	1lb / 454g	24.07		
Salmon filets	1lb / 454g	51.69		
Smoked salmon	4oz / 114g	17.10		
Shrimps uncooked 21/25	2lb / 908g	32.50		
Shrimps cooked 31/40	1lb / 454g	31.21		
Grey snapper steaks	1lb / 454g	24.94		

<u>Canned vegetables and soups</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Heinz baked beans	15oz/425g	3.82		
Green beans	15oz / 425g	3.40		
Asparagus	11oz / 298g	6.70		
Mixed vegetables	15oz / 425g	3.30		
Mushrooms sliced	13oz / 376g	3.85		

<u>Canned vegetables/soups (continued)</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Red kidney beans	15oz / 425g	2.61		
Sweet corn	15oz / 425g	2.36		
Sweet peas	15oz / 425g	2.88		
Sweet peas and carrots	9oz / 241g	2.25		
Tomato soup	11oz / 305g	3.69		
Mushroom soup	11oz / 305g	3.95		
Chicken soup	11oz / 305g	3.95		
Asparagus soup	11oz / 305g	3.95		
Green pea soup	11oz / 305g	3.95		

<u>Canned fish and seafood</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Anchovies Flat Fillets	2oz / 56g	4.20		
Anchovies rolled with capers	2oz / 56g	3.17		
Crab meat POLAR	6oz / 170g	6.25		
Tiny shrimps	4oz / 113g	4.70		
Smoked mussels	3oz / 85g	3.15		
Mackerel in tomato sauce	15oz / 425g	3.47		
Sardines in oil	4oz / 120g	1.42		
Pink salmon	8oz / 213g	5.84		
Smoked Herring fillets	7oz / 190g	4.55		
Tuna chunk in oil	6oz / 170g	2.25		
Tuna chunk in water	6oz / 170g	2.25		
Tuna solid in oil	6oz / 170g	3.15		
Tuna solid in water	6oz / 170g	3.15		

<u>Spices</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Salt and pepper	4oz / 113g	4.79		
Soy Sauce Kikkoman	10oz / 296ml	6.72		
Tabasco sauce	1	3.44		
Local hot sauce	1	2.95		
Worcestershire sauce	1	4.10		

<u>Pasta / rice / mashed potatoes</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Basmati rice	18oz/ 500g	8.20		
Regular rice long grain	2lb / 907g	2.62		
Regular rice Uncle Ben's	2lb / 907g	6.40		
Risotto rice	6oz / 170g	5.50		
Basmati & wild rice	14oz	11.21		
Thai rice jasmine	18oz / 500g	8.20		
Spaghetti	1lb / 454g	4.11		
Linguine	1lb / 454g	4.11		
Fettuccine	1lb / 454g	4.11		
Pasta shells	1lb / 454g	4.76		

<u>Pasta / rice / mashed potatoes</u> <u>(continued)</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Penne Rigate	1lb / 454g	4.02		
Fusilli	1lb / 454g	4.02		
Couscous	16oz	17.84		
Mashed potatoes	13oz / 369g	4.83		
Mashed potatoes	27oz / 757g	9.70		

<u>Tins and Jars</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Thai satay peanut sauce	7oz	7.89		
Asian Plum sauces (no MSG)	6oz	3.80		
Red wine cooking sauce	500g	6.50		
White wine cooking sauce	500g	5.90		
Mild Korma curry sauce	500g	7.80		
Medium Dupiazza sauce	500g	7.80		
Hot Madras sauce	500g	8.92		
Thai green curry sauce	6oz	7.40		
Sweet & sour sauce	8oz	9.24		
Teriyaki marinade	8oz	7.10		
Pesto sauce	7oz / 190g	8.07		
Tomato and basil sauce	12oz / 350g	7.03		
Alfredo sauce	15oz / 425g	7.44		
Tomato & mushroom sauce	15oz / 425g	7.44		

<u>Sugar</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Brown Sugar	2lb	1.41		
White Sugar	2lb	1.75		
White Sugar cubes	18oz / 500g			
Sugar substitute SWEET'N'LOW	50 pk.s	4.47		
Sugar substitute Splenda	50 pk.s	9.21		

<u>Nuts / chips / dips / crackers</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Ritz original crackers	12oz / 340g	8.73		
Waitrose Original crackers	12oz / 340g	4.70		
Ryvita crackers	4oz / 125g	7.15		
Saltines assorted crackers	9oz / 248g	10.50		
Roasted garlic and herbs crackers	4oz / 120g	8.12		
Whole wheat crackers	7oz / 200g	7.15		
Tomato Salsa	16oz / 454g	6.35		
Planters peanuts	12oz / 340g	6.45		
Spanish peanuts	12oz / 354g	4.90		
Planters honey roasted peanuts	12oz / 340g	8.70		
Planters nut mix	9oz / 241g	5.90		
Planters whole cashews	10oz / 276g	13.91		
Planters mixed nuts deluxe	10oz / 283g	12.60		

<u>Nuts / chips / dips / crackers</u> <u>(continued)</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Sour cream & onion chips	8oz / 219g	4.25		
BBQ chips	8oz / 219g	4.25		
Classic potato chips	8oz / 219g	4.25		
Salt & vinegar chips	8oz / 219g	4.25		
Nachos corn chips	9oz / 245g	4.05		
Pretzels	6oz / 163g	4.30		
Pringles original	6oz / 163g	4.30		
Pringles salt & vinegar	6oz / 163g	4.30		
Pringles sour cream	6oz / 163g	4.30		
Pringles barbeque	6oz / 163g	4.30		

<u>Non food items</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Aluminum foil	75 sq ft	7.20		
Plastic wrap	100 sq ft	5.46		
Plastic cups (100)	7oz	8.02		
Plastic cups (50)	16oz	5.20		
Zip locker bags (gallon size)	15	6.04		
Garbage bags (13gal/34l)	15	4.60		
Dishwashing liquid Palmolive	13oz / 384ml	4.15		
House cleaner Fabuloso	28oz / 828ml	3.98		
Sponge Scotch Brite	1	2.05		
Paper Napkins	1 pk.	6.72		
Paper towel Bounty	1	5.10		
Toilet paper	1	5.89		
Charcoal	5lb / 2.27kg	11.50		
Charcoal lighter fluid	16oz / 473ml	7.05		
Insect killer BAYGON	9oz / 260g	5.37		
OFF insect repellent	6oz / 177ml	15.39		

<u>Cookies</u>	<u>Unit</u>	<u>Price US\$</u>	<u>Quantity</u>	<u>NO</u>
Ginger nut cookies	150 gr	4.00		
Oreos	18oz	9.38		
IGA Assorted cookies	32oz	5.95		
Maryland choco chip	150gr	7.91		
Custard creams	Small pk.	1.01		
Chocolate creams	Small pk.	1.01		
Coconut creams	Small pk.	1.01		
Vanilla creams	Small pk.	1.01		